

HOW TO PRACTICE

1. Why Am I Practicing?

- To work on a specific technique
- To work on a specific piece of music
- To explore a certain style of music
- To work on tempo
- To work on endurance
- To improve my sight reading
- To prepare for a specific performance
- To relax
- To have fun



2. Get Ready to Practice

- Gather practice materials (books, instrument, music, pencils)
- Recordings – look up what it should sound like!
- Prep your practice area at home

3. Warm-Up

- Long Tones – Use a Metronome!
- Technical Exercises – Focus on Accuracy!
- Scales – Slow – USE A TUNER
- Performance Standard Checkoffs – Musicianship!



4. Practice with Focus

- Everything you work on relates to why you are practicing
- Use a Tuner and A Metronome – DOWNLOAD THE APPS
- You should be practicing things that are “too difficult” for you – PUSH YOURSELF

5. Write it Down

- Write on your music – keep things fixed.
- Keep track of what is working well, and what is not – PUT THESE IN YOUR LOG

Make Practice Part of your Daily Routine!